



LCBI High School Plan for Hosting International Students Fall 2021

August 31st, 2021

For students arriving after Sept 7th, current government regulations will apply.

School plans will evolve as required by emerging health risk assessments.

Introduction

The following plan demonstrates the readiness of LCBI High School to host international students for the 2021-2022 school year. LCBI High School is committed to working with international students as they prepare to travel to Canada, and we are committed to maintaining the health and safety of all of our students. We will continue to work with public



health and follow their direction in the event of a positive COVID case. This plan will continue to be in place for as long as necessary. International students who travel to Canada will be required to download the ArriveCAN app, complete the required information, and be used daily to report symptoms during the quarantine process.

Beginning July 5, 2021 at 11:59 p.m., fully vaccinated travellers who are permitted to enter Canada will not be subject to the federal requirement to quarantine or take a COVID-19 test on day-8. In addition, fully vaccinated travellers arriving by air will not be required to stay at a government-authorized hotel.

To be considered fully vaccinated, a traveller must have received the full series of a vaccine — or combination of vaccines — accepted by the Government of Canada at least 14 days prior to entering Canada.

For travellers that are not fully vaccinated, there are no changes to our Plan for Hosting International Students.

Throughout the process of working with international students (and all students), we commit to promoting reliable and accurate messages about COVID-19 and addressing any anti-racism or COVID-19 related stigma that may arise. The provisions listed in this document are designed to meet COVID-19 public health orders, and are not a result of race, nor should they be a point of stigmatization of others. Concerns or complaints should be brought to the attention of the Principal or the Dean of Campus Life.

This plan applies to international students who are paying tuition and will be residing in the dorms on the LCBI High School Campus. LCBI High School does not use home stays; all international students live in the dorms on campus.

Before Students Arrive on Campus

a. Information Package for Students

- International students will be provided with information prior to arrival. Please see the included information package in this document (pages 6 – 9) for more information.
- Additionally, this document and the Return to School Plans (General and Campus Life) will be sent to all families, and the plans are also posted on the school website. The Campus Life Return to School Plan is attached at the end of this document as well.
- This information will ensure that international students and their families are aware of the school requirements and guidelines, as well as those of the province and the country.

b. Health Insurance

- Campus Life staff will work with international students to begin the process of obtaining a Saskatchewan health card as quickly as possible.



- Campus Life staff will work with health professionals to ensure that international students are able to receive necessary medical tests, attend doctor appointments, and/or stay in the hospital, even while they wait for the health card to be approved.

After Students Arrive on Campus

a. Transportation from Airport

- Students will be picked up from the airport and transported directly to their place of quarantine. The Campus Life staff driver will be provided with the proper PPE (such as mask, face shield, gloves, etc.), and will ensure that the student continues to use a mask until they are in their place of quarantine (providing them with a fresh mask if needed).
- The school van will be used, and social distancing guidelines will be in place during travel. The transportation protocols in the Transportation section of the Primary and Secondary Educational Institution Guidelines section of the Re-Open Saskatchewan Plan will be followed. This includes ensuring that the staff member who transports the student thoroughly cleans and disinfects the vehicle after use.

b. Quarantine Plan

- Both dorms have rooms available where students can spend their 14 day quarantine. In each dorm, the quarantine rooms are on separate floors with separate entrances. Additionally, there are separate washrooms and showers that would be used only by students in quarantine. Each washroom and shower would only be used by one student. Custodial staff will ensure that the washrooms and showers are cleaned and disinfected daily.
- After the quarantine process has ended, the student will be encouraged to go for COVID-19 testing before they begin attending classes.
- Once the quarantine period has ended, the room, hallways, and washrooms will be thoroughly cleaned and disinfected.
- Students will understand that they are legally required to quarantine, and they will understand that violations of this quarantine will be reported via the non-compliance reporting form from the Government of Saskatchewan (<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures/public-health-orders/non-compliance-reporting-form>).
- If a student chooses to quarantine off-campus, they must quarantine at a private residence of an immediate family member. If the student chooses to quarantine at the private residence of a family member, the Dean of Campus Life will meet with the family ahead of time to ensure that the home meets the proper criteria and that the family is prepared to support the student through the 14 day quarantine period. The Dean of



Campus Life will also check in with the family after the student arrives and throughout the 14 days to ensure that supports continue to be available.

c. Provision of Necessities (including food, medications, personal hygiene)

- The Campus Life staff and Cafeteria staff will work together to ensure that meals are delivered to quarantining students located in dorms.
- Campus Life staff will ensure that students have proper medications and personal hygiene items, as well as any other necessities that are needed. This will include providing the student with a thermometer so that the student's temperature can be monitored throughout the 14 days. Each day when the Campus Life staff checks in (virtually via video call) with the student, they will record the student's temperature, do a health check, and ensure that the student has all necessary supplies. The Campus Life staff will be available 24/7 for any needs or concerns that may arise.
- Internet access is available in these quarantine rooms, so students will be able to stay connected with their families (and do schoolwork) throughout the 14 day quarantine.
- The Athletic Director will ensure that the student is provided with daily physical activity options (such as workout or stretching videos) to ensure that the student has access to physical activity during their 14 day quarantine.

d. Physical and Mental Health Supports

- A school counsellor is available as necessary for students during (and after) the quarantine process. The school counsellor will regularly (daily) check-in with the student to offer mental health supports. This can be done in-person or remotely through phone calls or video conferencing. The counsellor would also be accessible as necessary, and contact information will be left with the student.
- Supports from the school counsellor and other staff will also work to ensure that the student knows that these provisions are taking place to meet COVID-19 public health orders, and are not a result of race, nor should they be a point of stigmatization of others.
- Other supports can also be found through the Government of Saskatchewan and the local Health Authority.
 - <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/mental-health-and-covid-19#mental-health>

e. Symptomatic Students

- If, at any time during the 14 day quarantine, the student develops COVID-19 symptoms, the student will contact the Campus Life staff. The Campus Life staff will then contact the student's guardians and, with the student, go through the Saskatchewan self-



assessment tool (<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment>). Campus Life staff will use the self-assessment results to determine what

the next steps will be and will call 811 for further instructions if necessary. The school and Campus Life staff will coordinate with local health professionals trained in COVID-19 assessment as necessary. If symptoms become severe (the symptoms are listed at the self-assessment tool link above) or under the recommendation of health professionals, the student may be transferred to the Outlook Health Centre, which is a COVID-19 hospital with isolation capacity.

Contingency Plans

a. Academic Contingency Plan

- Blended learning is a focus, and teachers are using an online platform (Google Classroom) to post class material. Academic staff will ensure that coursework is kept up-to-date online so that students in quarantine can continue to participate in classes virtually.

b. Boarding Contingency Plan

- Dorms may remain open during school breaks to accommodate students within Canada to decrease international travel if needed.
- Contingency plans will be put into place as directed by public health. Thresholds to changes to in-classroom or school-wide delivery can be found on the Government of Saskatchewan website and specifically in the Safe School Plan Parent Package (<file:///C:/Users/LCBI%20Staff/Downloads/Safe%20Schools%20Plan%20Parent%20Package.pdf>)
- In the event of a campus outbreak, the school will follow the guidance of public health to determine whether classes could continue in-person, or whether students would return home for a period of quarantine. Several options can be considered, depending on whether the outbreak involves dorm or day students.
 - In the event that classes move from in-person to virtual, most boarding students would return home. International students would be permitted to remain on campus, under the care of the Campus Life staff. In this scenario, international students would stay in their individual dorm rooms, or in the isolation rooms on the separate floor, depending on the health of the student (isolating them if necessary) and the cleaning/disinfecting process that would be required.
 - In the event that the dorms needed to be closed for cleaning/disinfecting or an extended period of closure, international students would billet with staff families.



Information Package for International Students

LCBI High School is committed to provide assistance in developing quarantine plans in advance of student's arrival to Canada, including providing options for transportation to their place of quarantine, confirming agreements and assisting students with accommodation, and supporting only the ability of individuals who lived together in the same household (i.e. family members) in the country of origin to quarantine together in the chosen accommodation.

The Government of Canada has put in place emergency measures to slow the introduction and spread of COVID-19 in Canada. Your compliance with this Order is subject to monitoring, verification, and enforcement. Those in violation may face detention in a quarantine facility as well as fines and/or imprisonment.

Quarantine Act

The Government of Canada has implemented an Emergency Order under the Quarantine Act that requires persons entering Canada – whether by air, sea, or land – to quarantine (self-isolate) themselves for 14 days in order to limit the introduction and spread of COVID-19. The 14-day period begins on the day the person enters Canada. Some exemptions apply for fully vaccinated students. Fully vaccinated students that qualify for exemption are exempt from quarantine, hotel sleepover, and the day 8 testing requirement.

Quarantine means that for 14 days, you need to:

- Stay at home or the place you are staying, in Canada, and monitor yourself for symptoms, even just one mild symptom (do not leave the property or residence where you are staying).
- Avoid contact with other people to help prevent transmission of the virus prior to developing symptoms or at the earliest stage of illness.
- Only leave your home for medically necessary appointments (use private transportation for this purpose).
- Do not have visitors.
- If contact cannot be avoided, take the following precautions:
 - Keep at least 2 metres between yourself and the other person
 - Keep interactions brief
 - Stay in a separate room and use a separate bathroom
- You are legally required to quarantine. Violations of this quarantine will be reported via the non-compliance reporting form from the Government of Saskatchewan (<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures/public-health-orders/non-compliance-reporting-form>).

- If you have additional questions about the mandatory 14 day quarantine, please contact the school. Additional information about quarantine can also be found here: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/self-isolation>

Frequently Asked Questions

1) Will students be allowed to quarantine on campus?

- Yes, international students will be permitted to quarantine on campus, as we are equipped to provide suitable facilities and able to provide the necessary supports during the 14 days.
- International students will not be permitted to quarantine at private residences unless they have immediate family to stay with.
 - If students are planning to quarantine at the private residence of a family member, the Dean of Campus Life will meet with the family before the student arrives to ensure that the residence meet the proper criteria for the 14 day quarantine and that the family is prepared to support the student (physical needs, as well as mental supports) through the 14 day quarantine.
 - The Dean of Campus Life will continue to check in with the family after the student arrives and throughout the 14 days to ensure that all supports continue to be available.
- Campus Life staff will arrange for airport pick-up and shuttle to the LCBI campus or to an approved private residence. Provincial transportation guidelines will be followed.
- Campus Life and Cafeteria staff will work together to arrange meal delivery to students isolating in the dorm. They will also ensure that students have access to necessary medications, personal hygiene items, and other necessities.
 - Meals will be delivered to the student three times each day. Students will be provided with some snacks as well for in-between meals.
- Campus Life staff will provide daily health checks for each student.
 - Campus Life staff will check on students (virtually via video call) each morning and evening. Additionally, they will be able to call/text at any time (24/7) to maintain contact throughout the day as necessary.
 - At the morning and evening virtual check-in, Campus Life staff will record the student's temperature and ask the student about any symptoms that they may have.
- If students develop symptoms, Campus Life staff will work with local health officials to arrange for COVID-19 testing and/or hospital stays if needed. Campus Life staff will begin by having the student complete the self-assessment tool online

(<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment>) and following the guidance from there. Campus Life staff will communicate all information to the student's guardians as well. The Outlook Health Centre is a COVID-19 hospital with isolation capacity.

- Campus Life staff and a school counsellor will check in (virtually) with students regularly, to ensure that physical and mental needs are met and provide health supports as needed.
- Academic staff will continue to post material online, so that students in quarantine can continue with their coursework during the 14-day quarantine.
- Even if students remain asymptomatic, we will request that they be tested after the 14-day quarantine before beginning classes.

2) What do I need to know as an international student to travel to Canada?

- If you are an international student who has a valid study permit, or were approved for a study permit on or before March 18, 2020, you are exempt from the travel restrictions to Canada.
- If you are traveling by air, you will need to pass a health check conducted by an airline before you will be allowed to board your flight. Anyone who shows symptoms of COVID-19 will not be allowed to enter Canada by air.
- You must bring a valid study permit or a port of entry letter of introduction that shows that you were approved for a study permit on or before March 18, 2020.
- You must have a plan to quarantine for 14 days when you arrive in Canada. This is mandatory, even if you have no symptoms. If you don't have a plan, you should not travel to Canada (via canada.ca).
- As you prepare to travel to Canada, we require you to download the ArriveCAN app and complete the required information in advance of your travel.
 - After you arrive in Canada, you will continue to use the ArriveCAN app for daily symptom reporting. Upon arrival, Campus Life staff will ensure that you have downloaded the app and understand what you will need to report via the app.

3) Do I need to obtain additional health insurance?

- All international students have access to health insurance that will cover outpatient and inpatient treatments and consultations, as well as medical tests and/or hospital stays. Once you arrive in Canada, Campus Life staff will work with students to apply for a Saskatchewan Health Card. A study permit, travel visa, and passport will be required to apply for the Saskatchewan Health Card.

4) What contingency plans are in place?

- In the case of a campus outbreak, non-symptomatic international students will be safely housed on campus in dorms and remote learning will be enacted. Symptomatic students will be isolated in the isolation rooms.
- If it becomes necessary to close the dorms, international students would be billeted to stay with staff families in the community while the dorms are cleaned and disinfected.
- Dorms may also remain open during school breaks to accommodate students in order to decrease international travel. Any time students travel internationally, the 14 day isolation will be required upon return to Canada.

Sources of Information

- <https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19.html>
- <https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/travel-restrictions-exemptions.html>
- <https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/visitors-foreign-workers-students.html>
- <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html# Canada-U.S. border restrictions 1>
- www.saskatchewan.ca